



OMAGH

## Our Vision

To eliminate domestic and sexual violence against women and children.

## Our Mission Statement

We provide specialised, confidential support services for women and children who experience domestic and sexual violence.

## Core Aims

- to provide refuge to women and children suffering mental, physical or sexual abuse within the home.
- to encourage women to determine her own future whether this involves returning home or beginning an independent life.
- to recognise and care for the emotional needs of children involved.
- to offer support and advice to anyone who asks for it, whether in refuge or the community.
- to educate and inform the public, media, police, courts, social services and other authorities on violence against women and girls



## CONTACT DETAILS

Omagh Women's Aid  
Resource Centre  
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Omagh  
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### Contact Us :



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Omagh Women's Aid



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**Women's Aid**  
OMAGH

Charity No: 106650



# Women's Aid

OMAGH

**Empowering  
women, children and  
young people.**

**Building safe, healthy  
relationships.**

Intentional and persistent physical, emotional, financial or sexual abuse of a woman and her children.

It affects women of all ages and backgrounds.

## What is Domestic Abuse?

It is a violation of human rights.

It will affect 1 in 4 women in their lifetime.

There are different types of abuse but it is always about having power and control over you.

### Useful numbers..

**Police - 999 (emergency)**

**- 101 (non-emergency)**

**Regional Emergency Social Work Service - 0808 808 8000**

**Domestic and Sexual Abuse Helpline - 0808 802 1414**



### Personal Development

We provide a range of education and development programmes that enable women, children and young people to address their experiences of domestic violence and create safe, positive change for the future. The groups provide time for women to come together to share experiences and explore new beginnings in a safe and respectful group setting.

### Training and Awareness Raising

Upon request we can deliver some training and awareness sessions.

# OUR SERVICES

## Refuge

Our refuge provides emergency temporary accommodation for women and children fleeing domestic violence.

It is a safe place where women can make decisions about their future with one-to-one emotional and practical support.

## Community Support

Outreach and Floating Support workers support women in their homes or in a safe space within the community providing one-to-one emotional and practical support.

- safety planning,
- housing applications,
- financial empowerment

## Children and Young People

We work with children and young people aged 4-18 years old who have or are experiencing domestic violence. We provide the following specialised services, including:

- One-to-one support,
- Group work,
- Personal development programmes,
- prevention programmes.

## Advocacy and Court Support

We have court support volunteers who are trained and experienced in accompanying women in court.

